

# LAKENHEATH VFR PATTERN

Suffolk

## CURRENT UNITS

United States Air Force

- 48 FW
- 492 FS            F-15E
- 493 FS            F-15C/D
- 494 FS            F-15E

56 Rescue Squadron HH-60G

Source: [www.lakenheath.af.mil](http://www.lakenheath.af.mil)

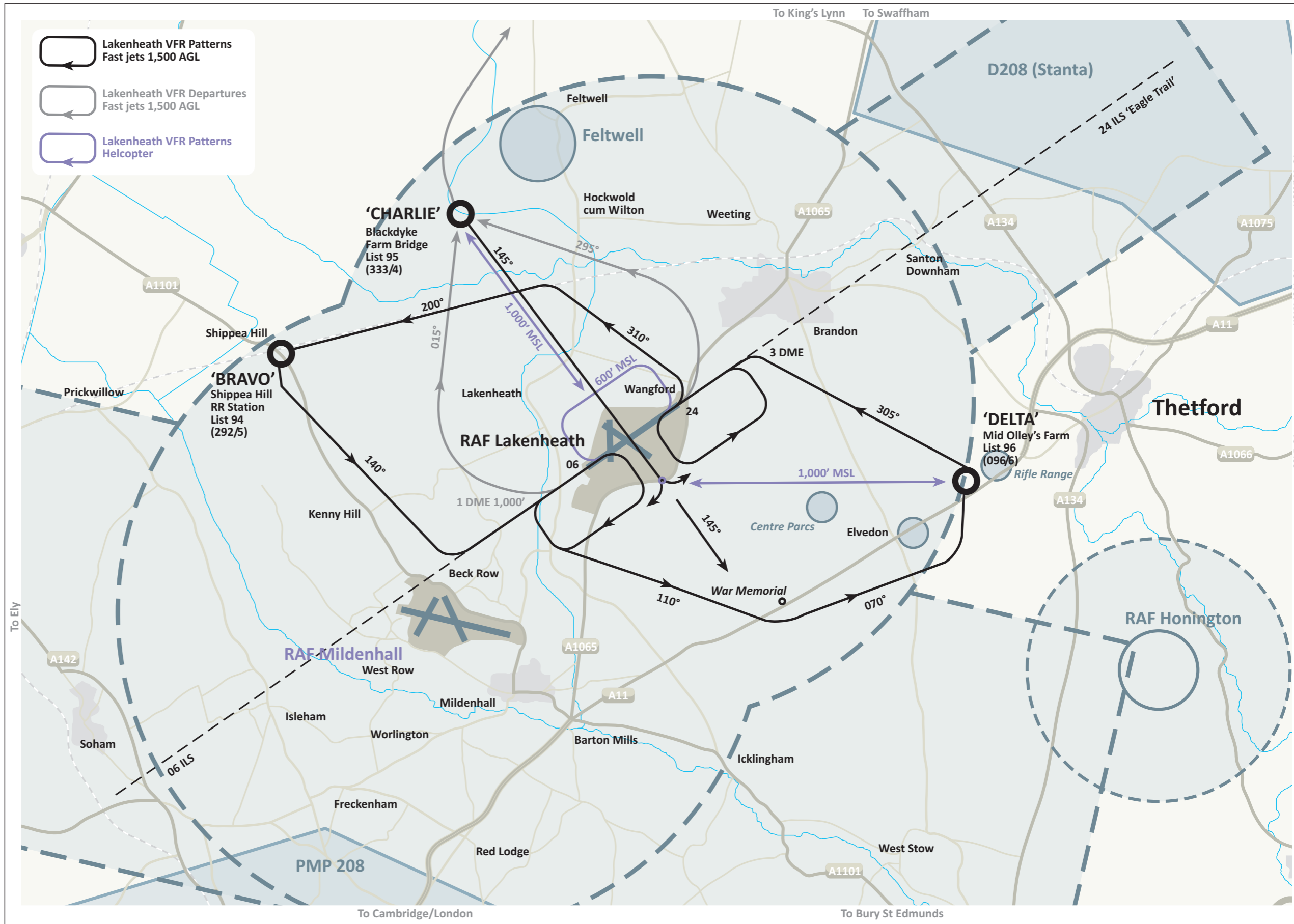
## RADIO FREQUENCIES

Frequency	Usage
375.450	Ground
338.925	Tower
128.900	Approach
136.500	Approach
309.200	Approach
244.475	Dispatch
250.300	Departures
256.425	Arrivals
279.050	Arrivals
296.675	Arrivals
344.825	SOF 'Ramrod'
356.725	ATIS
293.825	Operations 56 Rqs 'Jolly'
298.850	Operations 494FS 'Panther'
362.800	Operations 493FS 'Reaper'
379.800	Operations CP 'Doctor'
389.700	Operations 492FS 'Bolar'
359.275	Air/Air 492FS
263.170	Air/Air 492FS
266.900	Air/Air 492FS
315.175	Air/Air 492FS
284.800	Air/Air 492FS
267.625	Air/Air 492FS
268.725	Air/Air 493FS
373.775	Air/Air 493FS
231.975	Air/Air 493FS
253.025	Air/Air 493FS
235.150	Air/Air 493FS
290.400	Air/Air 493FS
241.975	Air/Air 494FS
343.550	Air/Air 494FS
300.050	Air/Air 494FS
362.500	Air/Air 494FS
397.625	Air/Air 494FS
266.175	Air/Air 494FS

Source: [www.milscanners.co.uk](http://www.milscanners.co.uk)

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Cartography and designed P. Bush  
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